

I was referred to Alison Warner of Evolve and grow coaching by Gail Gulvin. I wasn't sure what to expect from business coaching but have found a brilliant way of keeping focused on growing my business by implementing the strategies that Alison teaches. My work is very specialised but that does not seem to phase Alison, she seems to understand immediately what I am trying to achieve and addresses the ideas accordingly. My sessions with Alison are stimulating and enjoyable and I always leave feeling motivated and buzzing with ideas. I can't recommend Alison highly enough!

Denise Tiran
Expectancy